

Low Furness CE Primary School

'Learning Together Through Faith'

Policy for Sex and Relationships

"We at Low Furness CE Primary School are committed to ensuring Sex and Relationships Education is concerned with fostering respect, love and care of others, understanding stable and loving relationships, the value of family life and the role of marriage in society."

The aim of this policy is to help our pupils develop positive attitudes and values; becoming confident in personal and social skills, gaining knowledge and understanding of the way we relate to other people and developing the ability to make informed decisions and choices. Our overall aims support the personal, moral and social development of all our pupils and help them enjoy relationships based on mutual respect, dignity and responsibility. It is also about teaching how the human body works, understanding the human life cycle and preparing children for changes as they approach the transition to secondary school.

As a Church of England school we value all God's children and will challenge homophobic, biphobic and transphobic bullying. We respect every child's uniqueness as highlighted in our school vision statement.

Through our Christian ethos and core values, the school's mission is to provide each unique child with an enriched education, so that they become well-rounded, caring and confident individuals who live life in all its fullness within their communities and God's world.

This policy is written in line with the Government Education Guidance on Sex and Relationships document published in 2000, and is set within the Christian ethos of Low Furness CE Primary School.




Entitlement

We aim to deliver Sex and Relationships Education through the RHSE, RE and Science curriculum. In RHSE this is delivered through the SEAL (Social and Emotional Aspects of Learning) and Kidsafe programmes. In Science children follow the National Curriculum programme of study in relation to the human body.

Every child has the right to Sex and Relationships Education, and as such the programme will be inclusive and tailored to meet the age and maturity of each child. It is the responsibility of the class teacher to ensure that work matches the maturity level of the class, and individual children.

Foundation Stage:

The objectives for the Foundation Stage are addressed through the Foundation Stage curriculum. Pupils should be able to:

-  Recognise similarities and differences between babies, children and adults.
-  Name body parts.
-  Understand basic hygiene and personal needs

Low Furness CE Primary School

'Learning Together Through Faith'

Key Stage One:

Pupils will be taught:

- ✚ How to make simple choices that improve their health and well being.
- ✚ To maintain personal hygiene.
- ✚ To recognise how their behaviour affects other people.
- ✚ To listen to other people, and play and work co-operatively.
- ✚ That family and friends should care for each other.
- ✚ To recognise similarities and differences between themselves and others, and treat others with sensitivity and respect.
- ✚ To recognise, and name the main external parts of the body.
- ✚ That animals, including humans, move, feed, grow, use their senses and reproduce.
- ✚ That humans and other animals can produce offspring and that these offspring grow into adults.

Key Stage Two:

In Key Stage Two Sex and Relationships Education is taught primarily by the class teacher. However, during Year 5 and 6 children will meet with a specialist provider, with parental permission, to be made aware of menstruation, hygiene and anatomical detail. Children will also learn the basic facts of reproduction in humans, and the importance of loving, caring relationships. Questions are encouraged and will be answered openly and honestly. Other support services e.g. NSPCC also come into school to lead specific sessions, when appropriate.

Pupils will be taught:

- ✚ To recognise, as they approach puberty, how people's emotions change, and how to deal with their feelings towards themselves and their family and friends, in a positive way.
- ✚ About how the body changes as they approach puberty.
- ✚ To recognise the different risks in different situations and then decide how to behave responsibly, and to judge what kind of physical contact is acceptable and unacceptable.
- ✚ That their actions affect themselves and others, to care about other people's feelings and to try and see things from their point of view.
- ✚ To be aware of different types of relationships, including marriage, and those between friends and families, and to develop the skills to be effective in relationships.
- ✚ That the life processes common to humans and other animals include nutrition, growth and reproduction.
- ✚ About the main stages of the human life cycle.

Parental rights:

Parents have the right to withdraw their children from all or part of the Sex and Relationships Education provided at school, except for those parts which are included as statutory in the National Curriculum. The school will make alternative arrangements in such cases. Letters will be sent to parents, prior to any discussions. An open door policy is in operation and parents are encouraged to

Low Furness CE Primary School

'Learning Together Through Faith'

come in and discuss any concerns they may have, with the class teacher or head teacher. The individual views of parents will of course be respected. The Sex and Relationships policy is available from the school office, if requested.

Confidentiality:

Pupils need to know they can speak to a member of staff about any issues they have in confidence. However, if a child makes reference to being involved, or likely to be involved in sexual activity, the class teacher must deal with it as a matter of child protection. Similarly, if a child indicates they have been a victim of abuse, the teacher will inform the Head teacher/Child Protection Officer. Pupils should be reassured that if confidentiality has to be broken, they will be informed first and supported as appropriate.

Reviewing the policy

The policy will be reviewed as part of the school's evaluation cycle. The policy is due for review Spring 2026.