

Low Furness RSE/PSHE Curriculum						
	Autumn Term		Spring Term		Summer Term	
EYFS Year A	Self- regulation My feelings (6 lessons)	Building relationships Special relationships (6 lessons)	Managing self Taking on challenges (6 lessons)	Self-regulation Listening and following instructions (6 lessons)	Building relationships My family and friends (6 lessons)	Managing self My wellbeing  (6 lessons)
Years 1	Family and relationships (7 lessons)	Health and Wellbeing (8 lessons)	Safety and the Changing body (8 lessons)	Citizenship  (6 lessons)	Economic Wellbeing (6 lessons)	Transition  (1 lesson)
Years 2	Family and relationships (7 lessons)	Health and Wellbeing (7 lessons)	Safety and the Changing body (9 lessons)	Citizenship  (7 lessons)	Economic Wellbeing (6 lessons)	Transition  (1 lesson)
Years 3 & 4 (Year A)	Family and relationships (9 lessons)	Health and Wellbeing (8 lessons)	Safety and the changing body (10 lessons)	Citizenship  (6 lessons)	Economic Wellbeing (5 lessons)	Transition  (1 lesson)

Years 3 & 4 (Year B)	Family and relationships (9 lessons)	Health and Wellbeing (8 lessons)	Safety and the changing body (10 lessons)	Citizenship (6 lessons)	Economic Wellbeing (5 lessons)	Transition (1 lesson)
Years 5 & 6 (Year A)	Family and relationships (8 lessons)	Health and Wellbeing (7 lessons)	Safety and the changing body (11 lessons)	Citizenship (6 lessons)	Economic Wellbeing (5 lessons)	Transition (1 lesson)  Identity (Year 6 only 2 lessons)
Years 5 & 6 (Year B)	Family and relationships (8 lessons)	Health and Wellbeing (8 lessons)	Safety and the changing body (10 lessons)	Citizenship (6 lessons)	Economic Wellbeing (5 lessons)	Transition (1 lesson)  Identity (Year 6 only 2 lessons)