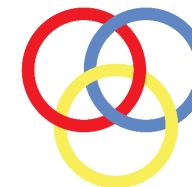




Low Furness CE Primary School PE Long-Term Plan 2025 -2026



All session plans in PE folder. LTP can be adapted based on competitions throughout the year.

Year A						
Year/Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Nursery & Reception	Fundamental Movements skills	Fundamental Movements skills	Multi Skills Agility & Balance	Multi Skills Co-ordination, Sending & Receiving	Multi Skills Jumping & Methods of Travelling	Multi Skills Circuits
Year 1 & 2	Agility & Balance	Co-ordination, Sending & Receiving	Jumping & Methods of Travelling	Gymnastics	Sports Specific Circuit (Tennis & Cricket)	Sport Specific Circuit (Football & Athletics)
Year 3 & 4	Tag-Rugby	Team Building & Invasion Games	Dance & Gymnastics	High-Five Netball	Athletics	Rounders
Year 5 & 6	Tag-Rugby	Team Building & Invasion Games	Dance & Gymnastics	High-Five Netball	Athletics	Rounders

Year B						
Year/Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Nursery & Reception	Fundamental Movements skills	Fundamental Movements skills	Multi Skills Agility & Balance	Multi Skills Co-ordination, Sending & Receiving	Multi Skills Jumping & Methods of Travelling	Multi Skills Circuits
Year 1 & 2	Agility & Balance	Co-ordination, Sending & Receiving	Jumping & Methods of Travelling Gymnastics	Sports Specific Circuit (Hockey & Basketball)	Sports Specific Circuit (Tennis & Cricket)	Sports Specific Circuit (Football & Athletics)
Year 3 & 4	Hockey	Indoor Athletics	Dance & Gymnastics	Tennis	Football	Cricket
Year 5 & 6	Hockey	Indoor Athletics	Dance & Gymnastics	Tennis	Football	Cricket



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